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MEN'S INDOOR TRACK AND FIELD

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2022 Indoor Track and Field Championships



2022 Indoor Track & Field Championships

Feb. 26-27 • VMI • VMI Corps Physical Training Facility • Lexington, Va.

- [Watch on ESPN+](#)
 - Day 2 (coverage starts at 12 p.m. ET)
- [Live results](#)
- [Schedule of events](#)
- [Championship program](#)
- [Day 1 Heat sheets](#)
- [Day 2 Heat sheets](#)
- [Day 1 Results / Final Results](#)
- [Day 1 Recap / Day 2 recap](#)
- [Day 1 Photos / Day 2 Photos](#)
- [#SoConTrack](#)
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The 2022 SoCon Indoor Track and Field Championships were contested at the VMI Corps Physical Training Facility in Lexington, Virginia, for the fifth straight season.

Samford won its seventh straight women's title and its third consecutive men's title. VMI's Jordin Poindexter earned the Heath Whittle Award as the men's Most Outstanding Athlete and Western Carolina's Makaila McIntyre earned the women's Most Outstanding Athlete award. Six meet records fell on the weekend.

2022 Champions

Men: Samford



Women: Samford



Review of past championships: [2021](#) [2020](#) [2019](#) [2018](#) [2017](#) [2016](#) [2015](#) [2014](#) [2013](#) [2012](#) [2011](#) [2010](#)

Participating institutions (men):

[CIT](#) // [ETSU](#) // [FUR](#) // [UNCG](#) // [SAM](#) // [VMI](#) // [WCU](#) // [WOF](#)

Participating institutions (women):

